

Pos	Bib	Firstname	Lastname	Club	Finish
1	343	Denise	Toner	Clones AC	00:16:47
2	438	Donna	Evans	Monaghan Phoenix	00:16:51
3	470	Michelle	Sturm	Omagh Harriers	00:16:54
4	468	Sara	Moore	Omagh Harriers	00:17:04
5	366	Catriona	Devine	Finn Valley AC	00:17:17
6	400	Elaine	Burch	Lagan Valley AC	00:17:22
7	444	Rachel	Gibson	North Down AC	00:17:26
8	377	Angela	Speight	Finn Valley AC Intermediate 'A'	00:17:30
9	395	Evelyn	McGinley	Inishowen AC	00:17:31
10	484	Gillian	Wasson	Springwell A	00:17:32
11	458	Julie	Butler	Omagh Harriers	00:17:36
12	482	Alison	Rankin	Springwell A	00:17:37
13	508	Emma	Mitchell	unattached	00:17:39
14	373	Catherine	Dooher	Finn Valley AC Intermediate 'A'	00:17:40
15	445	Stephanie	Hambling	North Down AC	00:17:41
16	483	Gemma	Turley	Springwell A	00:17:43
17	365	Kay	Byrne	Finn Valley AC	00:17:44
18	337	Jackie	McGinley	City of Derry Spartans	00:17:45
19	368	Noeleen	Porter	Finn Valley AC	00:17:47
20	479	Alex	Kirk	Springwell A	00:17:57
21	409	Julie	Murphy	Lagan Valley AC	00:17:58
22	410	Shileen	O'Kane	Lagan Valley AC	00:17:59
23	340	Hannah	Shields	City of Derry Spartans	00:18:00
24	393	Kim	Mc Laughlin	Inishowen AC	00:18:03
25	489	Ciara	Toner	Springwell B	00:18:08
26	331	Amy	Jackson	City of Derry Spartans	00:18:13
27	344	Geraldine	Branagh	Dromore AC	00:18:15
28	407	Ruth	Magill	Lagan Valley AC	00:18:25
29	443	Melissa	Eccles	North Down AC	00:18:26
30	462	Mairead	Mc Cann	Omagh Harriers	00:18:31
31	421	Geraldine	Quigley	Larne AC 'A'	00:18:34
32	411	Anne	Sandford	Lagan Valley AC	00:18:42
33	360	Karen	Dolan	Enniskillen RC	00:18:50
34	370	Miriam	Bonner	Finn Valley AC Intermediate 'A'	00:18:54
35	455	Ali	Robinson	North Down AC	00:18:58
36	326	Miriam	Bridge	City of Derry Spartans	00:18:58
37	408	Hazel	McLaughlin	Lagan Valley AC	00:19:01
38	480	Karen	McLaughlin	Springwell A	00:19:07
39	507	Caitriona	McGloin	unattached	00:19:10
40	449	Valerie	McDonough	North Down AC	00:19:12
41	374	Charmaine	O Brien	Finn Valley AC Intermediate 'A'	00:19:15
42	486	Catherine	Henry	Springwell B	00:19:17
43	345	Mary	MacKin	Dromore AC	00:19:18
44	415	Rhonda	Brady	Larne AC 'A'	00:19:19
45	372	Maeve	Culhane	Finn Valley AC Intermediate 'A'	00:19:20
46	369	Margaret	Reid	Finn Valley AC Intermediate 'A'	00:19:24
47	463	Ita	Mc Cullagh	Omagh Harriers	00:19:32
48	329	Ciara	Fraser	City of Derry Spartans	00:19:34
49	461	Deirdre	Haigney	Omagh Harriers	00:19:43
50	336	Paula	McGilloway	City of Derry Spartans	00:19:45
51	417	Trisha	Campbell	Larne AC 'A'	00:19:45
52	364	Noreen	Bonner	Finn Valley AC	00:19:49
53	502	Eileen	Stevenson	St Peters A.C Lurgan	00:19:51
54	332	Janeen	Lesse	City of Derry Spartans	00:19:51
55	477	Linda	Gillen	Springwell A	00:20:00

56	488	Rosalind	Overend	Springwell B	00:20:01
57	389	Tracy	Harley	Inishowen AC	00:20:03
58	439	Denise	Mathers	Newry City Runners AC	00:20:07
59	481	Bernie	O'Kane	Springwell A	00:20:07
60	394	Elizabeth	McDaid	Inishowen AC	00:20:07
61	498	Nuala	Lemon	St Peters A.C Lurgan	00:20:08
62	490	Katherine	Woods	Springwell B	00:20:09
63	418	Lyndsey	Haggan	Larne AC 'A'	00:20:11
64	325	Shelley	Tomlins	Ballymena Runners AC	00:20:12
65	350	Cheryl	Denvir	East Down AC	00:20:14
66	330	Una	Gavin	City of Derry Spartans	00:20:15
67	538	Jemma	Spiers	Lagan Valley AC	00:20:15
68	353	Tracy	McDowell	East Down AC	00:20:16
69	469	Bernie	o Donnell	Omagh Harriers	00:20:22
70	396	Trina	Mhic Dhonail	Inishowen AC	00:20:23
71	497	Sarah	Lambert	St Peters A.C Lurgan	00:20:23
72	500	Joan	Melanophy	St Peters A.C Lurgan	00:20:26
73	416	Bernadette	Campbell	Larne AC 'A'	00:20:29
74	363	Mary T	Speight	Finn Valley AC	00:20:31
75	385	Breege	Collins	Inishowen AC	00:20:40
76	473	Elizabeth	Leitch	Orangetown AC	00:20:42
77	334	Roisin	Lynch	City of Derry Spartans	00:20:47
78	355	Catherine	O'Connor	East Down AC	00:20:54
79	359	Linzi	Davidson	Enniskillen RC	00:20:56
80	524	Emma	McWilliams	Lagan Valley AC	00:21:07
81	361	Oonagh	Fitzpatrick	Enniskillen RC	00:21:09
82	492	Alison	McAllister	Springwell C	00:21:10
83	422	Ruth	Wilson	Larne AC 'A'	00:21:11
84	322	Claire	Shields	Ballydrain Harriers	00:21:14
85	321	Heather	Ritchie	Ballydrain Harriers	00:21:14
86	346	Aine	McNeill	Dromore AC	00:21:17
87	358	Laura	Armstrong	Enniskillen RC	00:21:28
88	349	Oonagh	Breteche	East Down AC	00:21:34
89	367	Gloria	Donaghey	Finn Valley AC	00:21:35
90	419	Jenny	Magill	Larne AC 'A'	00:21:42
91	466	Aileen	McCann	Omagh Harriers	00:21:45
92	362	Julie	Wood	Enniskillen RC	00:21:49
93	352	Betty	McCartan	East Down AC	00:21:55
94	316	Diane	Trenier	Annalee AC	00:22:02
95	472	Sharon	Dickenson	Orangetown AC	00:22:02
96	460	Nuala	Gallagher	Omagh Harriers	00:22:14
97	501	Lisa	Mulholland	St Peters A.C Lurgan	00:22:18
98	318	Heather	Kelly	Ballydrain Harriers	00:22:21
99	404	Rebecca	Hunter	Lagan Valley AC	00:22:22
100	354	Lisa	Milligan	East Down AC	00:22:23
101	356	Kim	Surginor	East Down AC	00:22:24
102	442	Marie	Devine	North Down AC	00:22:25
103	424	Heather	Baxter	Larne AC 'B'	00:22:26
104	499	Maria	Mc Enery	St Peters A.C Lurgan	00:22:48
105	464	Andrea	Mc Elroy	Omagh Harriers	00:22:48
106	420	Rhonda	Montgomery	Larne AC 'A'	00:22:55
107	413	Christine	Swai	Lagan Valley AC	00:23:08
108	474	Trish	Magill	Orangetown AC	00:23:21
109	491	Sarah	Chestnutt	Springwell C	00:23:23
110	392	Sonia	Mc Grory	Inishowen AC	00:23:26
111	324	Brigid	Quinn	Ballymena Runners AC	00:23:26

112	467 Breige	Molloy	Omagh Harriers	00:23:57
113	429 Bernie	Regan	Larne AC 'B'	00:24:29
114	432 Gillion	Given	Larne AC 'C'	00:24:32
115	423 Rhonda	Adamson	Larne AC 'B'	00:24:39
116	495 Debbie	Tutty	Springwell C	00:24:46
117	494 Caroline	Taylor	Springwell C	00:24:49
118	323 Heather	Stanex	Ballydrain Harriers	00:25:08
119	351 Mags	Flynn	East Down AC	00:25:16
120	319 Claire	McBride	Ballydrain Harriers	00:25:26
121	430 Michelle	Woods	Larne AC 'B'	00:26:02
122	504 Jane	Holland	unattached	00:26:28
123	357 Carmel	Tumelty	East Down AC	00:26:30
124	426 Geraldine	Hastings	Larne AC 'B'	00:27:06
125	471 Mary	Boyd	Orangetown AC	00:28:07
126	476 Tania	Rothwell	Orangetown AC	00:29:25
127	493 Martina	Scullion	Springwell C	00:30:41
128	505 Sarah	Holland	unattached	00:31:52
129	434 Rosemary	Kerr	Larne AC 'C'	00:34:58
130	435 Heather	Shaw	Larne AC 'C'	00:34:58

1 Finn Valley
2 Lagan Valley
3 Springwell

39 Vets
55
64

1 Springwell
2 Omagh Hrs
3 Finn Valley

38 Intermediates
61
71

Lap 1	Lap 2	Cat
00:07:50	00:08:58	Flnt
00:07:55	00:08:57	F45
00:07:57	00:08:57	Fint
00:07:56	00:09:08	FJ & Fint
00:08:01	00:09:16	F35
00:08:04	00:09:19	FJ & Fint
00:08:09	00:09:18	Fint
00:08:03	00:09:27	Fint
00:08:22	00:09:10	F35
00:08:14	00:09:18	F35 & Fint
00:08:06	00:09:30	F40
00:08:23	00:09:14	F40 & Fint
00:08:10	00:09:29	Fint
00:08:15	00:09:25	Fint
00:08:14	00:09:28	F40
00:08:21	00:09:23	Fint
00:08:17	00:09:28	F50
00:08:19	00:09:27	F40
00:08:14	00:09:34	F45
00:08:24	00:09:34	FJ & Fint
00:08:16	00:09:42	F35 & Fint
00:08:25	00:09:34	F40 & Fint
00:08:17	00:09:44	F45
00:08:33	00:09:31	Fint
00:08:20	00:09:49	Fint
00:08:21	00:09:53	FJ & Fint
00:08:20	00:09:56	F45 & Fint
00:08:42	00:09:43	F50 & Fint
00:08:43	00:09:44	Flnt
00:08:31	00:10:01	Fint
00:08:42	00:09:53	F35 & Fint
00:08:41	00:10:02	F45 & Fint
00:08:48	00:10:03	F45 & Fint
00:08:47	00:10:07	F40 & Fint
00:08:51	00:10:08	F35
00:08:55	00:10:03	Fint
00:08:50	00:10:12	F35 & Fint
00:09:06	00:10:02	F40 & Fint
00:08:48	00:10:22	FJ
00:09:07	00:10:06	F40 & Fint
00:08:43	00:10:33	Fint
00:08:59	00:10:18	Fint
00:09:07	00:10:12	F55
00:09:11	00:10:09	F40 & Fint
00:09:00	00:10:20	Fint
00:09:06	00:10:19	F40 & Fint
00:09:24	00:10:08	F40 & Fint
00:09:19	00:10:16	Fint
00:09:15	00:10:29	F35 & Fint
00:09:19	00:10:26	F45 & Fint
00:09:45	00:10:00	Flnt
00:09:11	00:10:39	F55
00:09:31	00:10:20	F35
00:09:24	00:10:28	Fint
00:09:45	00:10:15	F35 & Fint

00:09:38 00:10:23 Fint
00:09:32 00:10:32 F40
00:09:28 00:10:39 F45
00:09:01 00:11:06 Fint
00:09:38 00:10:30 F35
00:09:36 00:10:32 F35
00:09:31 00:10:39 Fint
00:09:46 00:10:26 Flnt
00:09:33 00:10:40 F40
00:09:47 00:10:28 F35 & Fint
00:09:35 00:10:41 F50 & Fint
00:09:16 00:10:59 FJ & Fint
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00:09:52 00:10:38 Flnt
00:09:38 00:10:54 F50
00:09:42 00:10:59 F35
00:09:43 00:11:00 F40
00:09:59 00:10:48 F60
00:09:42 00:11:13 Fint
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00:10:10 00:11:25 F50
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00:10:13 00:11:32 F40 & Fint
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00:10:18 00:11:44 FJ
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00:10:47 00:12:01 F40
00:10:57 00:11:51 F50 & Fint
00:10:45 00:12:10 F45 & Fint
00:11:00 00:12:08 F40 & Fint
00:11:11 00:12:11 F40
00:11:27 00:11:56 F45
00:10:58 00:12:28 Fint
00:11:27 00:11:59 F65

00:11:03	00:12:55 F45 & Fint
00:11:29	00:13:00 F50 & Fint
00:11:29	00:13:04 F35 & Fint
00:12:13	00:12:27 F50 & Fint
00:12:01	00:12:46 F40
00:12:05	00:12:45 F35
00:12:21	00:12:47 F40
00:12:10	00:13:06 F35 & Fint
00:12:21	00:13:06 Fint
00:12:18	00:13:44 F45 & Fint
00:12:40	00:13:48 Fint
00:12:36	00:13:55 F40 & Fint
00:12:40	00:14:27 F40 & Fint
00:13:10	00:14:58 F40
00:14:14	00:15:11 F45
00:14:39	00:16:03 F40
00:15:18	00:16:34 Fint
00:16:51	00:18:07 F40 & Fint
00:16:52	00:18:07 F40 & Fint